

by JED DOBLE photographs by DENNIE RAMON

Webber continues its series of Indonesian dishes, this month with Chef Fernando Sindu creating an elevated rice porridge dish.

hef Fernando Sindu of Good For Eats and Benedict visits the Webber kitchen this month and shares with us his modern take on a traditional Indonesian breakfast classic.

Fernando is half of the creative duo behind Good For Eats, Umabo and Benedict. He grew up in Auckland and has a degree in computer science. But he always found himself restless and was in search for a career shift. He had always enjoyed food and cooking, so he took a leap of faith and enrolled at the prestigious Culinary Institute of America in New York. After graduating, he worked as a sous chef at posh restaurants Brasserie 8 1/2, Oceana and La Boqueria in New York before coming back to Jakarta. Their brand Good For Eats, organized pop-up brunch events before finally opening their first venture Umabo, a gourmet fast food joint with an Asian flair. Here they pride themselves in making all their food from scratch, using the freshest ingredients from local suppliers.

Earlier this year they opened Benedict at Grand Indonesia to rave reviews. The restaurant's name obviously from the eponymous eggs benedict, serves all day breakfasts among other favorites.

Bubur ayam or rice porridge is known as a breakfast staple and many consider it as comfort food. The typical porridge is made out of rice, broth and ginger, but depending on which region you are at, the condiments usually vary.

The extremely creative Fernando shares with us his modern spin. Firstly, he braises the chicken and packs it with flavor by using turmeric, lemongrass and salam leaves. To accompany the bubur, Chef Fernando makes his own chili sauce and gives it his signature twist using green kale, which has a slightly bitter flavor. And to top it off, Fernando tops his bubur with some seared foie gras. Decadent and delicious.

Watch this space for other recipes from Webber Asia and for more information for their next cooking classes.





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GOURMET BUBUR (RICE PORRIDGE)

Serves: 1

Lemongrass Chicken, Homemade Cakwe, Shaved Foie Gras, Green Kale Chili Sauce, Condiments

INGREDIENTS:

Rice Porridge	
100 gr	Rice, any kind
800 gr	Chicken stock
200 gr	Milk
10 ml	Sesame Oil
	Salt and Pepper,
	to taste

Homemade Cakwe

500 gr	All Purpouse
	Flour
400 ml	Water, lukewarm
5 gr	Garlic powder
1 tsp	Yeast
1 tbsp	Sugar
1 1/2 tsp	Salt
1 tbsp	Baking Powder
1 tbsp	Baking Soda

Braised Lemongrass Chicken10 grFresh Turmeric3 stalksLemongrass500 grChicken1 pcSalam leaves1.5 LChicken stock2 pcsGarlic clove

Shallots

Green Kale Chill Sauce

4 pcs

Green Nale Chill Sauce	
20 gr	Thai Bird's Eye
	Chili
10 gr	Dry Red Chilies
60 gr	Garlic
30 gr	Shallots
50 gr	Coriander
50 gr	Green Kale
30 gr	Cashews, roasted
10 ml	Soy Sauce
200 ml	Water
2 ml	Sesame Oil
To assemble	
150 gr	Porridge
20 gr	Cakwe
10 gr	Green Kale Chili
	Sauce
50 gr	Lemongrass
	chicken, shredded
25 gr	Seared Foie Gras
10 ml	Broth from

10 mlBroth from
Lemongrass
chicken1 grTongcai1 grCrispy shallots1grChives1 pcPoached egg



STEPS Rice Porridge

Soak the rice in cold water for at least 2
 hours

• Rinse the rice, place in a sauce pan, add the stock, milk, salt and pepper. Put on stove, bring to a boil, then lower the heat to a light simmer.

 Cook slowly (approximately 3 hours) until all the rice has incorporated with the liquid.

Homemade Cakwe

- In a mixing bowl, add the garlic powder, yeast, sugar, salt, baking powder and baking soda to the luke warm water. Mix well and let sit for 20 minutes.
- Add half of the flour into the liquid in stages until it forms an elastic and smooth dough.
- Let it sit for 1 hour. Add the remaining flour into the dough and form a ball.
- Let it rest for at least 6 hours in the fridge.
- When it is time to use, take out the dough and let it rest at room temperature for 1 hour. Roll out the dough and shape it as you like.
- Fried the cakwe in oil at 180 degrees Celsius





Braised Lemongrass Chicken
Sweat the garlic, shallots, fresh turmeric and lemongrass in some oil until golden color.
Add the chicken, skin side up. Season well with salt and pepper.





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• Pour in the chicken stock and add the salam leaves. Cover and put the pot into a 150 degree Celsius oven. · Cook for 45 minutes to 1 hour depending the size of the chicken. Cool, then shred the meat.



Green Kale Chill Sauce

- Sweat the Thai bird's eye chilies, red dry chilies, garlic, shallots and cashews with a little bit oil. Cook until all the aroma and the color changes golden brown. Turn off the heat and let it cool.
- Using a blender or food processor. add the coriander, kale, soy sauce and sesame oil to the chili mixture. Pulse it until it forms a paste. Add the water in streaming line to loosen up the paste. taste for seasoning. Add little bit of sugar if you wish.



To assemble

- Pour the hot porridge into a bowl. Scatter the shredded chicken, condiments and cut cakwe around the plate.
- Add the poached egg in the center with the seared foei gras. serve the Green Kale Chili sauce on the side.







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